# PUGET SOUND VITAL SIGNS

## VITAL SIGN LOCAL FOODS

The Local Foods Vital Sign broadly addresses the quality and availability of Puget Sound food resources for traditional, subsistence, and recreational uses. Eating local foods provides a suite of human wellbeing benefits. High quality local foods often contain fewer or no chemical fertilizers and pesticides and tend to be higher in nutrition, thus contributing to physical health. The act of collecting, preparing and sharing such foods maintains cultural knowledge and practices and often builds social relationships. The Puget Sound region provides an abundance of locally harvestable foods, including finfish and shellfish, animals and birds, and plant-based greens, roots, nuts and fruits.

**Reporting Lead** 

**Last Updated** 

7/10/2019

VITAL SIGN > INDICATOR	PROGRESS	STATUS
Local Foods		
Locally harvestable foods	INSUFFICIENT OR NO DATA	NO 2020 TARGET
Bivalve harvester-days	INSUFFICIENT OR NO DATA	NO 2020 TARGET
Recreational Dungeness crab catch	INSUFFICIENT OR NO DATA	NO 2020 TARGET

#### **Key Messages**

Coming soon!

#### Strategies, Actions, And Effectiveness

- Commercial and recreational shellfish beds are a priority focus area for the Partnership's 2018 Action Agenda (scroll to the bottom of the page to view and download activities in the 2018 Action Agenda).
- What's working to restore Puget Sound? Answers from effectiveness evaluations

#### **Background Documents**

- · Leadership Council Resolution 2015-02, Human Health and Quality of Life Vital Signs and Indicators
- Human Wellbeing Vital Signs and Indicators for Puget Sound Recovery

#### Other Resources

• Articles related to a healthy human population in the Encyclopedia of Puget Sound

### **Contributing Partners**



